

**Big Spring Independent School District**

*Administration Office*

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**Student Health Advisory Council (SHAC)**

**Minutes for Meeting**

**May 20, 2008**

**Members: *Parents-*** Rina Carrasco, Irma Garcia, Isaac Miramontes, Kim Pollard, Angie Yarbar, Kim Schafer

***District-*** Carie Dunnam, Asst. Supt., Judy Grant – Incoming Food Service Director, Cindy New – P. E. Teacher, Linda Gonzales – Lead Nurse

The meeting began at 5:30 with a light meal, introduction of members, and Mrs. Dunnam passed out district policies related to student health and wellness. She encouraged members of the council to read over them and familiarize themselves with the legal requirements that districts were to follow. Mrs. Grant, the new district Food Service Director, discussed some of the many federal requirements related to portion sizes and methods of cooking and also reminded the Council that losing reimbursement for meals served could be a consequence that would cost the district a great deal of money if violations were to occur. Mrs. Pollard stated that she felt that many and/or all parents were completely unaware of these many guidelines and rules regulating the serving of meals and that a stronger effort to communicate this to all parents and staff was needed and would be appreciated. **The Council agreed that this must be a primary goal for next year.**

Next, information was provided by Lead District Nurse, Mrs. Gonzales, regarding the yearly screenings and diabetic training that the district completes with the nursing staff, students, and other personnel during each year. She also reviewed the eight components that must be coordinated by and through the Student Health Advisory Council and suggested that each of the components be the responsibility of a team comprised of at least two parents and one district staff person. **This will require that more parents be invited to participate and this is a goal for next year.**

Mrs. Dunnam led a discussion regarding HB121 which requires the secondary campuses to address dating violence in instruction with students. She said that Mr. Norman and the high school principal had been given a curriculum and resources to download and print and in a discussion with her had decided that this would be addressed in health instruction and also with the counselors. This is also to be included in the high school campus improvement plan as well as the district improvement plan. Mrs. Dunnam also discussed the implementation of physical fitness testing and the program called

Fitnessgram. Mrs. Cindy New, a P. E. teacher, outlined the training and requirements for this and how all third through twelfth grade students were tested using Fitnessgram after the TAKS test administration in late April/early May. Mrs. Dunnam did make sure that everyone understood that this was a new requirement and that campuses would have more time to complete this next year.

Furthermore, Mrs. Dunnam led a review of campus coordinated activities that took place during the 07-08 school year. She told the Council that a CATCH update had been provided to all K-4 campus teams and that Goliad and Jr. High teams had also been trained this year through the Service Center. Mrs. Dunnam stated that there needed to be a big discussion of how health TEKS were being addressed on all campuses. There seems to be some confusion about who teaches health. Health TEKS should be taught by the classroom teachers at the K-4 campuses. P. E. teachers at the intermediate and Jr. High campuses should be teaching health. There has also been an issue of never having received health textbooks or materials at that last adoption three years ago. Mr. Dunlap was looking into this and should have a solution at the beginning of next year. Mrs. Schafer expressed her concern that the district is waiting too long to get to some very important health concepts related to any adequate type of sex education. Mrs. Schafer wanted to know if Big Spring I.S.D. had an abstinence only sex education policy. Mrs. Schafer stated that in her role as a parent and a Nurse Practitioner that even though the teenage pregnancy rate was down, sexually transmitted diseases were on the rise. Mrs. Dunnam recommended that this be another goal for SHAC to discuss and decide for next year.

Judy Grant closed the meeting by discussing several ways that campuses could more fully involve students and parents in supporting healthier life styles and food choices. She said that she would e-mail principals and members of the SHAC some of these ideas. The meeting was adjourned at 7:00